#### PLEASE PROVIDE TO ALL PARTICIPANTS WHO WANT WELLNESS CENTER ACCESS

UNIVERSITY OF MIAMI
PATTI & ALLAN HERBERT
WELLNESS CENTER



## **Conference Membership Orientation**

Welcome to the University of Miami and to the Herbert Wellness Center! Since you are not a UM student, there are a few things we want you to know when using our facility.

### Here are the basics:

- 1. Make sure you have your laminated card and photo ID with you at all times! You will not be permitted to enter the facility without them.
- 2. A towel is required to enter the Fitness Room.
- 3. The Herbert Wellness Center is open Monday-Friday 6:00am-10:00pm, Saturday and Sunday 8:00am-8:00pm. The pool closes 30 minutes before the building closes.

## Frequently asked questions:

- 1. What is included in my membership?
  - a. All classes on the "Group Exercise Classes" schedule are included. Class entrance is on a first-come-first-serve basis. Studio Cycling and Yoga classes are NOT included. Class schedules can be found at <a href="https://www.miami.edu/wellness">www.miami.edu/wellness</a>.
  - b. Free daily locker service (available in the Pro Shop).
  - c. Access to all areas of the facility: pool, basketball courts, fitness room, tennis courts, and racquetball and squash courts. The intramural fields are unfortunately closed over the summer.
- 2. What if I forgot my towel?
  - a. A towel is required to enter the Fitness Room. You may purchase a towel from the Pro Shop for \$1 per day.
- 3. What if I forgot my temporary card and photo ID?
  - a. Since you are not a UM student you do not have an individual record in our database which means the Front Desk staff will not be able to verify your membership purchase. You will not be allowed into the facility without your pass and photo ID. You must bring them with you every time you want to enter the building.

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# **Conference Membership Rules and Regulations**

Before gaining access to the facility, all conference participants must attend a facility orientation. Participants must be able to prove they are 16 years of age or older to use the fitness room.

- 1. Participants must bring with them their Herbert Wellness Center conference membership pass and photo ID (if 16 years of age or older) for entry into the facility. **No exceptions will be made.**
- 2. Chaperones must accompany their group into the facility and remain on site at all times. There must be at least one chaperone present for every 10 participants.
- 3. Participants under the age of 13 must be supervised at **ALL** times <u>by their chaperone</u> while in the facility.
- 4. No refunds will be granted for membership fees.
- 5. Non-marking soled shoes ONLY on the wood floors (racquetball and squash courts, multipurpose rooms, and indoor basketball courts).
- 6. Only 4 people are permitted on a racquetball or squash court at one time (eye guards are strongly recommended and available for rent at the Pro Shop).
- 7. Fitness Room:
  - Must be at least 16 years old to enter
  - A towel is required at all times
  - Closed-toed shoes must be worn at all times
  - Jeans or jean shorts are not permitted
  - NO food or drink, except bottled water, allowed
- 8. Natatorium (Pool deck):
  - The lanes are for lap swimming only, with a maximum of 2 swimmers per lane
  - NO food or drink, except bottled water, allowed
  - NO horseplaying, running, or screaming
  - NO diving
  - NO more than 10 persons in the spa at one time

#### **Consequences:**

<u>Individual Participants</u>: Unauthorized use of a conference membership card or failure to comply with the outlined rules and regulations will result in immediate termination of membership. NO REFUND WILL BE GIVEN.

<u>Conference Group</u>: Continued violations from individual participants could be grounds for termination of the entire conference. NO REFUND WILL BE GIVEN.

them. I understand the consequences that will be placed on me if I am found in vio									
Print Name	Signature	 Date							

I have read the outlined Conference Membership Rules and Regulations and agree to abide by

Official Use Only Amount:

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