



Components of Emotional Meaning: A sourcebook

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END MATTER

Appendix 4 MiniGRID instrument

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Subject: [Developmental Psychology](#), [Social Psychology](#)

Collection: [Oxford Scholarship Online](#)

Appendix 4

Sex M/F

Age

Student Yes/No

Native language

Imagine that a speaker of your native language, as spoken in your country or region, uses one of these emotion words to describe an emotional experience. Please describe, for each of the words¹, the probability for the following reactions to occur. Indicate your response by choosing one of the numbers from 1 (extremely unlikely to occur) to 9 (extremely likely to occur):

Feelings

How likely is it that the person felt the emotion . . .

- 1 very intensely
- 2 for a long time

Bodily reactions

How likely is it that the person had the following bodily sensations?

- 3 weak limbs

- 4 rapid heart rate
- 5 rapid breathing
- 6 sweating

Expression

How likely is it that the person . . .

- 7 had the jaw drop
- 8 frowned
- 9 closed the eyes
- 10 spoke more loudly

Behavioral tendencies

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How likely is it that the person . . .

- 11 wanted to tackle the situation
- 12 wanted to sing and dance

Event evaluation

How likely is it that the event that caused this emotion . . .

- 13 occurred suddenly
- 14 was unpredictable
- 15 was pleasant for the person
- 16 happened by chance

Notes

- 1 In the online study several emotion terms are displayed on screen for the participant to rate.